

# Oregon Health Plan Assistance for Marion & Polk Counties 2023

## OHP assistance over the phone available

Assistance is available in multiple languages.

Find assistance in other counties: <https://healthcare.oregon.gov/Pages/find-help.aspx>

City/ County	Dates	Languages	Organization / Address	Contact Phone/Email
<b>Keizer</b>	<b>Monday-Friday</b>	<b>By appointment</b>  <b>English / Spanish</b>	<b>Catholic Community Services</b> 198 Appleblossom Ave N. Keizer Oregon 97303	<b>503-551-0619</b>
<b>Marion and Polk Co.</b> (Serving people from COFA nations and those who identify as Micronesian Pacific Islanders statewide)	<b>Monday to Friday</b> Will check voicemail in evenings	<b>8:00 am to 4:30 pm</b> Call (and leave a message) or text to schedule appointment <b>Chuukese, Marshallese, Pohnpeian, Palauan, Yapese, &amp; Kosraean</b>	<b>COFA Alliance National Network (CANN)</b>	<b>Kathleen Jonathan</b> (Bilingual in English & Marshallese) <b>971-375-5542</b> <a href="mailto:kjonathan@cann.us">kjonathan@cann.us</a>
<b>Marion and Polk Co.</b> (Serving people from COFA nations and those who identify as Micronesian Pacific Islanders statewide)	<b>Daily</b>	<b>9:00 am to 9:00 pm</b> By appointment (Zoom, phone, in person as needed) <b>Chuukese, Marshallese, Pohnpeian, Palauan, English</b>	<b>Micronesian Islander Community (MIC)</b>	<b>971-209-5827</b> <a href="mailto:info@micoregon.org">info@micoregon.org</a>
<b>Marion and Polk Co.</b> (Also serving Clackamas, Multnomah, Washington Counties)	<b>Monday to Friday</b>	<b>9:00 am to 5:00 pm</b> By appointment Call or text <b>English/Spanish</b>	<b>Northwest Family Services (NWFS)</b>	<b>Laura Arias</b> 971-331-8876 <a href="mailto:larias@nwfs.org">larias@nwfs.org</a>
<b>Marion and Polk Co.</b> (Eugene, Corvallis, Portland, La Grande, Salem)	<b>Monday to Friday</b>	<b>9:00 am to 5:00 pm</b> Call, email <b>Marshallese/English</b>	<b>Oregon Marshallese Community Association (OMCA)</b>	<b>Robert Watley</b> 971-720-8709 <a href="mailto:rwatley@oregonmarshallese.org">rwatley@oregonmarshallese.org</a>
<b>Marion Co.</b> (Also serving Clackamas Co.)	<b>Monday to Friday &amp; Saturday</b> (by appointment only)	<b>9:00 am to 5:00 pm</b> <b>English only</b>	<b>HealthMarkets Insurance</b>	<b>Kris Sallee</b> 503-678-5768

<b>Marion Co.</b>	<b>Monday to Friday</b>	<b>8:00 am to 5:00 pm</b> <b>English/Spanish</b>	<b>Interface Network</b>	<b>Connie Vega</b> 503-910-4908
<b>Marion Co.</b>	<b>Monday to Friday</b>	<b>8:00 am to 5:00 pm</b> Call to make appointment <b>English/Spanish</b>	<b>Mano a Mano</b> 3850 Portland Rd NE #130, Salem OR 97301	<b>Imelda Sanchez</b> 503-363-1895 & 503-315-2290 <a href="mailto:imelda@manoamanofc.org">imelda@manoamanofc.org</a>
<b>Monmouth</b>	<b>Tuesdays</b>	<b>8:30 am to 4:00 pm</b> By appointment only <b>English/Spanish</b>	<b>Total Health clinic*</b> 180 Atwater St N, Monmouth, OR 97361	<b>Northwest Human Services</b> 503-480-1643
<b>Polk/Yamhill</b> (No county restrictions if assisting tribal members)	<b>Monday to Friday</b>	<b>8:00 am to 5:00 pm</b> <b>English only</b>	<b>Grand Ronde Health and Wellness Clinic</b> 9615 Grand Ronde Rd Grand Ronde, OR 97347	<b>Cassandra (C.J) Rhamy</b> 503-879-1359 <a href="mailto:Cassandra.rhamy@grandronde.org">Cassandra.rhamy@grandronde.org</a>
<b>Polk Co.</b>	<b>Tuesdays</b>	<b>By appointment</b> <b>English / Spanish</b>	<b>Catholic Community Services</b> 830 Ecols St. S Monmouth, OR 97361	<b>503-510-8302</b>
<b>Salem</b>	<b>Fridays</b>	<b>1:30 pm to 3:00 pm</b> Walk-ins <b>English/Spanish</b>	<b>De Muniz Resource Center/ Community Action Agency</b> 3950 Aumsville HWY SE Salem, OR 97304	<b>Northwest Human Services</b> 503-480-1643
<b>Salem</b>	<b>Monday to Friday</b>	<b>8:00 am to 5:00 pm</b> By appointment only <b>English, Spanish, Russian</b>	<b>West Salem Clinic</b> 1233 Edgewater St NW Salem, OR 97301	<b>Northwest Human Services</b> 503-480-1643

<b>Salem</b>	<b>Second and Fourth Saturday of each month</b>	<b>8:30am to 5:00 pm</b> By appointment only <b>English/Spanish</b>	<b>West Salem Clinic</b> 1233 Edgewater St NW Salem, OR 97304	<b>Northwest Human Services</b> 503-480-1643
<b>Salem</b>	<b>Monday-Friday</b>	<b>8:00 am to 5:00 pm</b> By appointment <b>English / Spanish</b>	<b>Catholic Community Services</b> 3737 Portland Rd Salem, OR	503-390-2600
<b>Santiam Region</b> (Turner, Aumsville, Stayton, Mehama, Mill City, Lyons, Detroit, Idanha, Sublimity)	<b>Monday-Friday</b>	<b>9:00 am to 4:30 pm</b> By appointment <b>English/Spanish</b>	<b>Santiam Hospital</b>	<b>Kim Klotz</b> 503-769-2175 Ext: 8414
<b>Woodburn</b>	<b>4<sup>th</sup> Thursday of each month</b>	<b>8:00 am until 12:30 pm</b> By appointment only <b>English/Spanish</b>	<b>Woodburn Pediatric Clinic</b> 2050 Progress way, Woodburn OR 97071	<b>Woodburn Pediatric Clinic</b> 503.981.5348
<b>Woodburn</b>	<b>Monday to Friday</b>	By appointment <b>English/ Spanish</b>	<b>Catholic Community Services</b> 1245 Lincoln St Woodburn, OR 97071	503-390-2600 (Salem office number)

Contact your Regional Outreach Coordinators for the Willamette Valley Region if you have any questions:

**Marion County**

Cristina Hernandez

Email: [denise.piza@oha.oregon.gov](mailto:denise.piza@oha.oregon.gov)

Mobile: 503-979-6983

Community Partner Outreach Program

<http://www.oregon.gov/oha>

**Polk County**

Fabiola Herrera

Email: [mayra.f.herrera-hernandez@dhsaha.state.or.us](mailto:mayra.f.herrera-hernandez@dhsaha.state.or.us)

Mobile: 503-979-6984

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